

WEDNESDAYS @ 6:30 PM | SIMMONS HALL WARREN.CHURCH/BIBLESTUDY

# Ways to Build a Better Life

# Ways to Build a Better Life

Overcome Being Overwhelmed

Be More Resilient



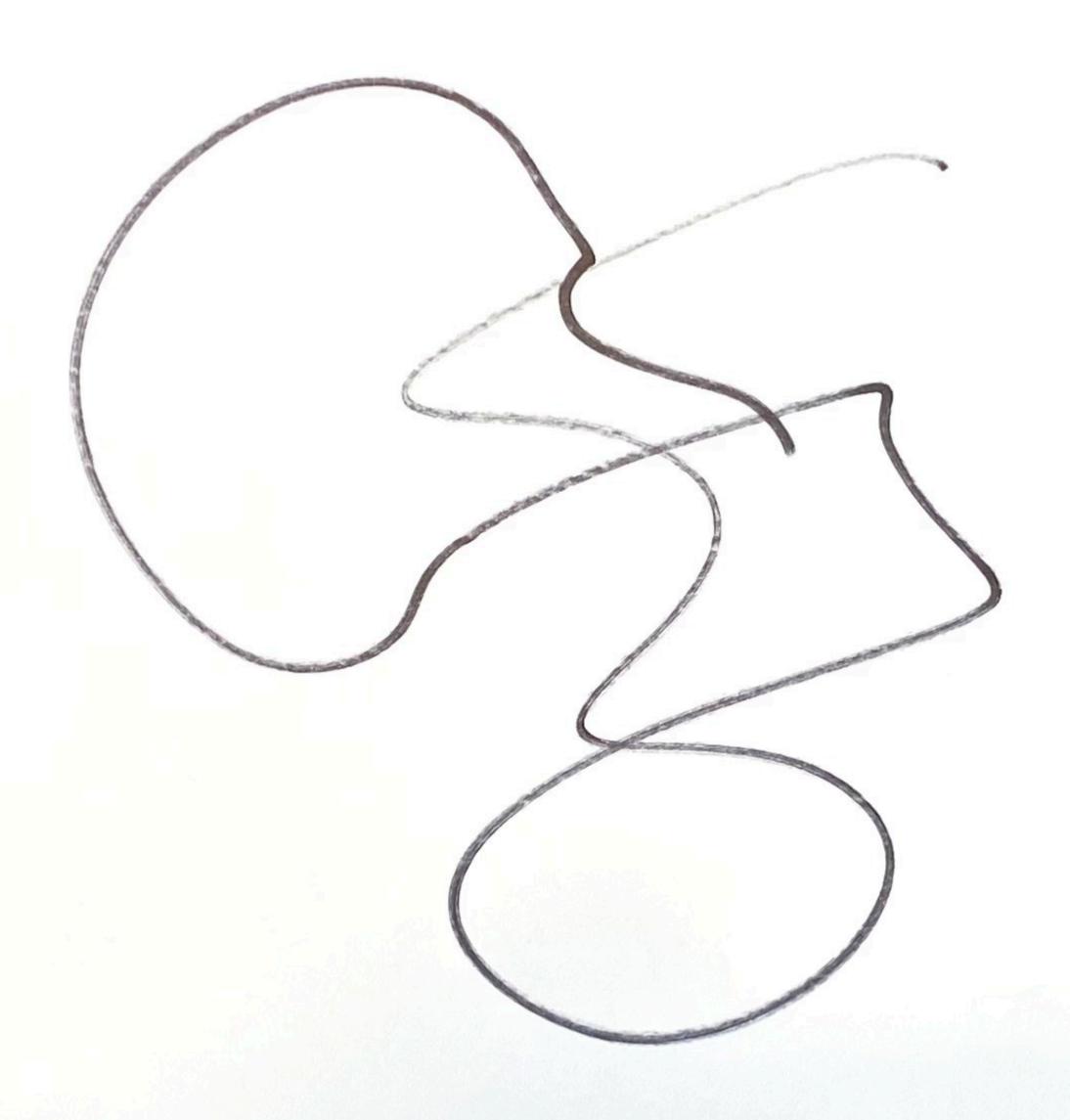
# Ways to Build a Better Life

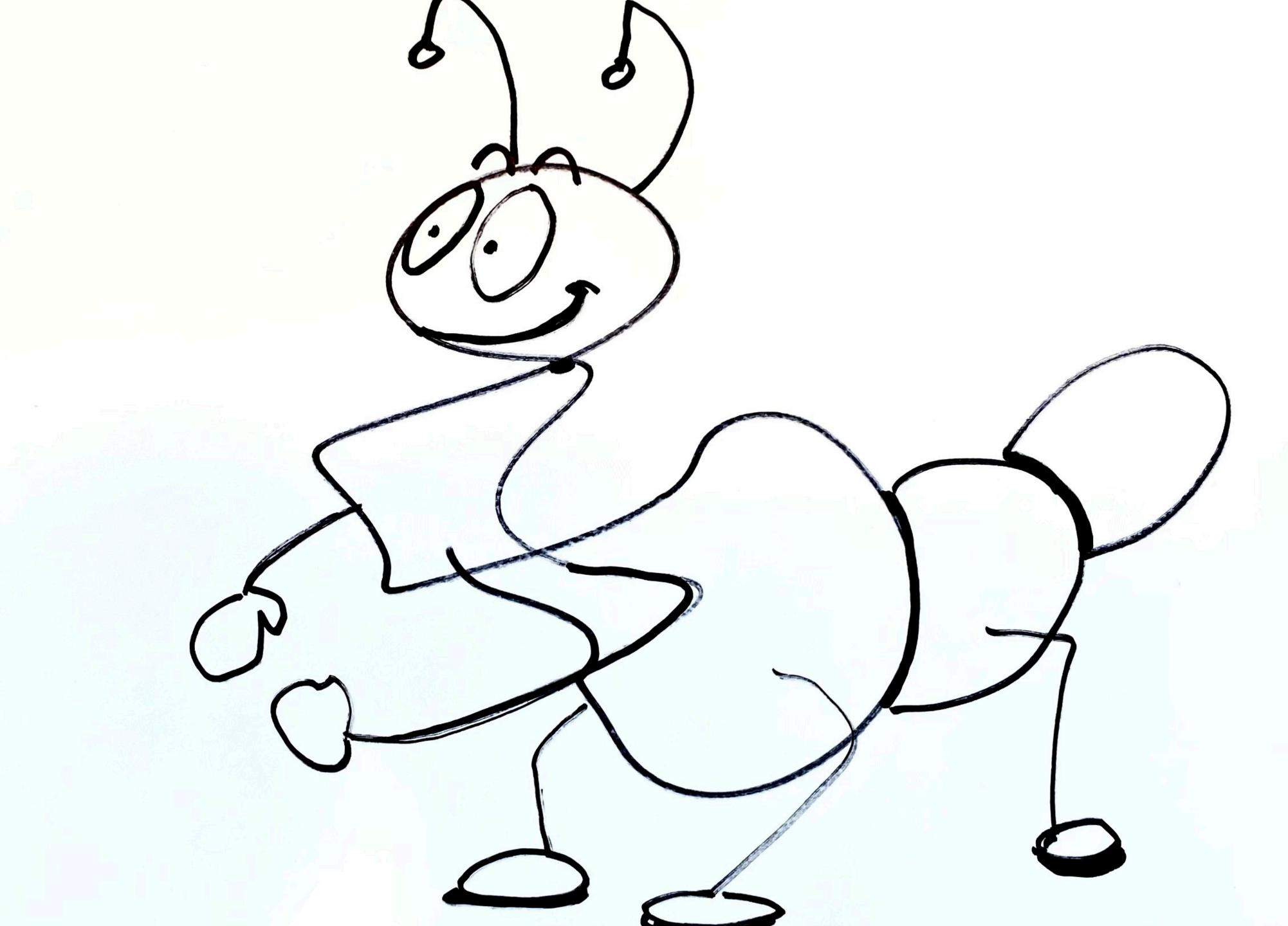
Make Something From the Scribbles in Life

# Scribbles in Life

# Joseph

(Genesis 37-50)





# Making something from the scribbles can be useful in life



1. Don't Over-React.

#### Romans 8:31–32 (ESV)

<sup>31</sup> What then shall we say to these things? If God is for us, who can be against us? <sup>32</sup> He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things?

#### Romans 8:38–39 (ESV)

<sup>38</sup> For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, <sup>39</sup> nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

#### Matthew 6:8 (ESV)

Do not be like them, for your Father knows what you need before you ask him.

Psalm 46:10a (ESV)

"Be still, and know that I am God..."

1. Don't Over-React.

2. Take Your Time

#### John 11:5-7 (ESV)

<sup>5</sup> Now Jesus loved Martha and her sister and Lazarus. <sup>6</sup> So, when he heard that Lazarus was ill, he stayed two days longer in the place where he was. <sup>7</sup> Then after this he said to the disciples, "Let us go to Judea again."

- 1. Don't Over-React.
  - 2. Take Your Time
- 3. Look at Things Differently



- 1. Don't Over-React.
  - 2. Take Your Time
- 3. Look at Things Differently
  - 4. Try a New Approach

#### Acts 16:6-10 (ESV)

<sup>6</sup> And they went through the region of Phrygia and Galatia, having been forbidden by the Holy Spirit to speak the word in Asia. 7 And when they had come up to Mysia, they attempted to go into Bithynia, but the Spirit of Jesus did not allow them. 8 So, passing by Mysia, they went down to Troas. <sup>9</sup> And a vision appeared to Paul in the night: a man of Macedonia was standing there, urging him and saying, "Come over to Macedonia and help us." 10 And when Paul had seen the vision, immediately we sought to go on into Macedonia, concluding that God had called us to preach the gospel to them.

- 1. Don't Over-React.
  - 2. Take Your Time
- 3. Look at Things Differently
  - 4. Try a New Approach
- 5. Build on What you Have

# "The enemy of art is the absence of limitations." - Orson Welles

Green
Eggs and

By Dr. Seuss

# 2 Peter 1:3 (ESV)

His divine power has granted to us all things that pertain to life and godliness...

John 16:33 (ESV)

...In the world you will have tribulation.

### John 16:33 (ESV)

...In the world you will have tribulation. But take heart; I have overcome the world."

There's a difference between pain and suffering.



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