

6 WAYS TO PUT SOMEONE FIRST

1. THOUGHTS

- Think about when you were dating.
- Think about when you were newlyweds.
- Think about the things they do for you.
- Think about how hard they work for you.
- Other ideas?

2. TIME

- Hang out with them more.
- Open up more space for them.
- Take advantage of small opportunities...don't just wait for big getaways.
- Other ideas?

3. CONVERSATION

- Husbands - Listen longer and talk deeper.
- Wives - Listen longer and talk shorter.
- Get the conversation out of your head and into the air.
- Talk about a variety of things...big and small.
- Other ideas?

4. SERVICE

- Do things to serve your spouse. (In fact, try to out-serve each other!)
- Look for things they might need help with, and help them.
- Meet their needs.
- Meet their needs the way you meet your kids' needs.
- Other ideas?

5. ADORATION

- I'm not talking about worshiping your spouse like a God (though they might like that!)
- Show appreciation and gratitude (both personally and publicly.)
- Compliment them.
- Tell them when they've worked hard or done a good job.
- Other ideas?

6. SUBMISSION

- We talked about this in the very first session.
- Submit to one another.
- Husbands through love.
- Wives through respect.
- Follow the other's lead more.
- Don't be so quick to challenge your spouse's ideas or decisions.
- Other ideas?